Another Royal Suggestion

DOUGHNUTS and CRULLERS

From the NEW ROYAL COOK BOOK

DOUGHNUTS made the doughboy happy during the war and no wonder. There is nothing more wholesome and delightful than doughnuts or crullers rightly made. Their rich, golden color and appetizing aroma will create an appetite quicker than anything else in the world.

Here are the famous doughnut and cruller recipes from the New Royal Cook Book.

Doughnuts

2 tablespoons shortening
½ cup sugar
1 egg
½ cup milk
1 teaspoon nutmeg
1 teaspoon salt
3 cups flour
4 teaspoons Royal Baking Powder

Cream shortening; add sugar and well-beaten egg; stir in milk; add nutmeg, salt, flour and baking powder which have been sifted together and enough additional flour to make dough stiff enough to roll. Roll out on floured board to about ¼ inch thick; cut out. Fry in deep fat hot enough to brown a piece of bread in 60 seconds. Drain on unglazed paper and sprinkle with powdered sugar.

Afternoon Tea Doughnuts

2 eggs
6 tablespoons sugar
¾ teaspoon salt
¼ teaspoon grated nutmeg
2 tablespoons shortening
6 tablespoons milk
2 cups flour
3 teaspoons Royal Baking Powder

Beat eggs until very light; add sugar, salt, nutmeg and melted shortening; add milk, and flour and baking powder which have been sifted together; mix well. Drop by teaspoons into deep hot fat and fry until brown. Drain well on unglazed paper and sprinkle lightly with powdered sugar.

Crullers

4 tablespoons shortening
1 cup sugar
2 eggs
3 cups flour
1 teaspoon cinnamon
½ teaspoon salt
3 teaspoons Royal Baking Powder
¾ cup milk

Cream shortening; add sugar gradually and beaten eggs; sift together flour, cinnamon, salt and baking powder; add one-half and mix well; add milk and remainder of dry ingredients to make soft dough. Roll out on floured board to about ⅛ inch thick and cut into strips about 4 inches long and ½ inch wide; roll in hands and twist each strip and bring ends together. Fry in deep hot fat. Drain and roll in powdered sugar.

ROYAL BAKING POWDER
Absolutely Pure

FREE
New Royal Cook Book containing these and scores of other delightful recipes. Write for it TODAY.
ROYAL BAKING POWDER CO.
115 Fulton Street
New York City

"Bake with Royal and be Sure"

CUMMINGS WILL GUIDE BIG MEET

Will Be Presented as Chairman of Convention

CHICAGO, April 21.—Homer S. Cummings, chairman of the democratic national committee, will be the "keynoter" at the democratic national convention in San Francisco in June, it was announced today.

Cummings was the unanimous choice of the democratic executive committee meeting here.

E. G. Hoffman, Indiana, vice chairman of the national committee, will be designated by the national committee to call the convention to order and present Chairman Cummings as the temporary chairman, the committee indicated.

San Francisco clinched the convention yesterday and began completion of the tentative arrangements for the political gathering in June.

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H. M. Robinson Is Booster for Hoover

LOS ANGELES, April 21.—Henry M. Robinson, chairman of President Wilson's coal commission and former member of the supreme economic council in Paris, today declared for Herbert Hoover for president.

Robinson asserts "there is no man in the United States or in the world whose equipment of knowledge, experience and wisdom for the meeting of problems that immediately confront this nation comparable to that of Hoover."

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Des Moines Will Greet Republicans

DES MOINES, Iowa, April 21.—The vanguard of the delegation to the republican state convention to be held in Des Moines tomorrow, arrived today.

Party leaders predicted Senator Cummins would be made permanent chairman.

Delegates favoring the candidacy of Governor Frank O. Lowden of Illinois for president, will control the convention, political observers declared. Wood, Johnson and Hoover delegates will be in the minority, they said.

Iowa will send 26 delegates to the national convention.



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It's a sure thing at this store.

Stop and think what that means; you can't possibly make a mistake—no matter what you buy here. You get what you feel is good value for your money—or you get your money back.

Ready with spring suits from Hart Schaffner & Marx

THE new models in coats are longer, more slender. Broad-shouldered, high-chested, with square notched lapels, in double breasted types; slender, snug-shouldered, single-breasted types. In all these, great simplicity of design is the ruling note. New colors and weaves. Young men's lively styles.

Hart Schaffner & Marx Clothes Shop
CORNER SECOND AVENUE AND SENECA STREET

Superfluous Hair, Roots and All, Quickly Go!
(Absolutely New Home Method)

For the first time in a hundred years a genuinely effective method of removing unsightly hairy growths has been discovered. The new phelactine process does not merely take off the hair-ends; it actually removes the roots! It does this quickly and harmlessly. It does not act anything like the depilatory, electrical or other methods. Phelactine is non-odorous, non-poisonous, non-irritating. Get a stick of it from your druggist, follow the simple instructions, and have the satisfaction of seeing the roots themselves removed at last.

GET WISE TO O.G.C. FOR GOITRE

Why suffer the discomforts and embarrassments of a Goitre?

O. G. C. preparation for goitre has benefited many.

Why pay several hundred dollars for an operation to remove a goitre when O.G.C. can be obtained for such a comparatively small expenditure?

O.G.C. when properly applied gives satisfactory results, or your money will be refunded. O.G.C. is sold direct, by mail only. Write for booklet.

Address Dept. C
O.G.C. CHEMICAL COMPANY
Seattle, Washington

Juarez Is Scored by El Paso Joker

EL PASO, Texas, April 21.—A cardboard sign inscribed "Fourteen Blocks to Hell," recently strung high on an electric wire at the corner of El Paso and San Francisco st. Before it was removed two days later, some person substituted the word "Juarez" for "Hell."

EPILEPSY Has Been STOPPED For Over 50 Years

BY DR. KLINE'S EPILEPTIC REMEDY. A rational and remarkably successful treatment for Fits, Epilepsy, (Falling Sickness) and Kindred Nervous Disorders.

Send for Book on Epilepsy FREE

Call or write it at any druggists'

California Veteran Suffered 18 Years.—Veteran's Home, Calif., April 9th, 1917. For over eighteen years I suffered untold agony and torment from Epilepsy; had as high as 400 and 500 Fits in a year. I took all kinds of treatment. Many injured me more than they did me good. I have used Dr. Kline's since Dec. 1st, 1916, and since that time have had only 3 fits. It is now 96 days since the last one. G. K. Hough.

DR. R. H. KLINE CO., Dept. A 3

TOO FAT?

Reduce 10 to 60 lbs., or more, under $100 GUARANTEE by Korein system. Obtain Oil of Korein at any busy drug store; or write for free brochure to Korein Co., NH-1128, Station F, New York City. Become slender by best method. No salts, no thyroid, no starving, no tedious exercising. Delightfully easy, rapid reduction; improves health, symmetry, efficiency; ADD YEARS TO YOUR LIFE. Start today.—Advt.

DANES TO HOLD FESTIVAL HERE

Celebrate Return of North Schleswig

Under the auspices of the Danish societies and the Danish Lutheran church of Seattle a grand reunion festival will be held Saturday afternoon at Washington hall, 1350 E. Fir st.

The festival is in celebration of the return of Northern Schleswig to Denmark, from which country it was taken by Germany in 1864.

During the program, which begins at 2:30 p. m., an orchestra under the direction of N. Sadrup will play airs dear to the Danish heart. Veterans of the Danish wars of 1848, 1864, and the World War will be decorated with flowers, followed by an amateur play. The remainder of the day will be given over to dancing.

People of Danish birth not only from Seattle, but from many nearby towns are expected to be present.

The U. S. Department of Agriculture has received 24,000 trucks that had been used formerly by the war department.

ALFRED H. EMERSON, owner of big stock farm, who says Tanlac built him right up after having a bad case of Flu, which left him in awful bad shape. Says Tanlac is only medicine that helped him.



"I have taken only one bottle of Tanlac, but it has done me more good than all the other medicines I have taken put together," said A. H. Emerson when he called at Gippy's Drug Store, Portland, Me., the other day. Mr. Emerson lives near West Scarboro, Me., where he owns and operates one of the largest stock farms in that section of the country.

"After I got up from the flu last winter I was in mighty bad shape," he continued. "I was not only in a weakened, debilitated condition, but I also suffered awfully with indigestion. My stomach was so weak I could hardly digest anything and could hardly bear the sight of food, much less eat anything. As I was not able to eat any nourishing food I kept getting worse and worse and I was badly discouraged over my condition as it looked like I would never get my strength back again. My nerves were all upset and my sleep was broken and irregular. I felt tired and worn-out from morning until night and could hardly drag one foot after the other.

"I took many different kinds of medicine but nothing did me a particle of good until I began taking Tanlac. As I said before, I have taken only one bottle, but it has made such a remarkable change in my condition I feel like a different person altogether. My appetite is splendid now and I can eat anything I want and as much as I want without the slightest touch of indigestion. My strength and energy have returned. I sleep sound and get up in the mornings feeling ready for a big day's work. Tanlac has put me back on my feet and everybody certainly ought to know about this medicine."

Tanlac is sold in Seattle by Bartell Drug Stores under the personal direction of a special Tanlac representative.—Advertisement.

Aviation News By Wing Slip



Seattle's fleet of merchant airplanes is growing rapidly. The latest addition to the busses plying the air lanes over the city is the plane of Dave Logg, veteran army aviator, aerial mail flyer and one of the best known flying instructors in the country.

Logg is flying a Canadian Curtiss, alternating with A. M. Nachtwey, also a reserve military pilot. The two ex-service men have an airdrome on East Marginal way, one block south of Spokane st. They are engaged in passenger and freight service. Both men are experienced acrobatic flyers and will give exhibitions of the more intricate aerial "stunts" during the spring and summer months.

A speedy flying boat, with a carrying capacity of two passengers, has made its appearance on Lake Washington. Leo Huber, the pilot, and Frank Wadman, his mechanician, are well known to Seattle flying fans.

Huber's seadrome is on Lake Washington, at the foot of Madison park.

Both Logg and Huber were scheduled to fly over the Seattle baseball park at the opening game Wednesday. One of the airplaners was to drop a baseball to the field, where Mayor Caldwell was to shoot it over the plate to Chief Warren for the first strike of the year.

LINDQUIST FREE ON $1,250 BONDS

Finds Himself in Peck of Trouble

Arrested Tuesday morning when his Paige car, loaded with contraband whisky, was seized by deputy sheriffs, Verner Lindquist was released on $1,250 bonds by U. S. Commissioner A. C. Bowman Tuesday afternoon.

This is Lindquist's second arrest on federal charges within a month. He was first taken into custody, with his brother Fred, on March 21, and indicted by the federal grand jury on liquor charges five days later. He entered a plea of not guilty to this indictment Monday.

In addition to the federal booze charges, there is a charge of grand larceny pending against Lindquist in the superior court. With two companions, he is accused of robbing Martin Lommen of a gold watch and $80 a week ago.

Lindquist's final hearing is set for May 7.

Rabbits Multiply by Carload Lot

NEW YORK, April 21.—"Rabbits are rabbits," according to the ruling of United States Commissioner Hitchcock. He held George C. Booth, a fur dealer, under $1,000 bail on a charge of misusing the mails to increase the country's rabbit population.

Booth, it is charged, sold rabbits to prospective breeders on the condition that he would purchase the offspring at $7 a rabbit. There are 70 customers demanding he make good on the offer. The customers incidentally have a total of 14,342 rabbits to offer him—or had when they last reported.

Some men are too lazy to make either enemies or friends.

Oak THEATRE
MADISON NEAR 2ND
LEVY'S DRAMATIC STOCK CO.



BIG GRAND OPENING SATURDAY NIGHT

EUGENE LEVY PRESENTS

LEVY'S DRAMATIC STOCK COMPANY

—IN—

"The Little Girl God Forgot"

A SENSATIONAL COMEDY-DRAMA WITH LAUGHTER, TEARS AND THRILLS

STARRING—

EFFIE JOHNSON

AND AN ALL STAR CAST OF PLAYERS

SEATS ON SALE THURSDAY

ALL SEATS RESERVED

PRICES:
Evenings and Sunday Matinee, 35c to 50c
Mat. Wednesday and Saturday, 15c to 25c

Service in Navy Brings Leniency

Orris Thompson, 22, was at liberty on suspended sentence Wednesday, after being arraigned Tuesday for theft of an auto 22 months ago. Thompson has served in the navy since that time. When he enlisted he left the car with his uncle. On his discharge he was confronted with the theft charge. Judge Mitchell Gilliam was lenient because of Thompson's clean service record.

IF WEAK, THIN OR NERVOUS DON'T WORRY

Try the Bitro-Phosphate Health System—$300 Guarantee

NEW YORK.—If you are feeling rundown, weak, nervous, tired-in-the-morning, and generally ailing, these are the symptoms that should warn you to take care of your health.

Four persons in every ten are needing more phosphorus in their bodies. When you see thin and fretful people; or those who are anaemic, pale, frail, oft despondent or lacking energy, you may look for the need of certain elements that make for a strong constitution.

Some people, after relying upon preparations composed chiefly of salts, quinine, drastic drugs, iron, calomel, cod liver oil, etc., wonder why they find no benefit. That is easily explained by the fact that such persons need the phosphoric element, which is a most potent essential to health, and contained in BITRO-PHOSPHATE, the famous health preparation. Now obtainable everywhere.

The right thing for you to do is make a trial of BITRO-PHOSPHATE, beginning at once. It is not a patent medicine; the formula is prescribed by many physicians for the ailments and weaknesses mentioned above.

With every box of BITRO-PHOSPHATE are a few simple health rules and a $300 guarantee. Buy a box of BITRO-PHOSPHATE. It is sold and recommended by all good druggists everywhere.

BEATS INMATE; WOMAN FINED

Treatment of Asylum Patients Scored by Justice

TACOMA, April 21.—Justice of the Peace Frank A. Magill and Deputy Prosecutor James W. Seldon, scored the conduct of attendants at the western state hospital for the insane at Fort Steilacoom, when Mrs. Minnie Moore, a former attendant at the institution, was convicted of assault in the third degree on the person of Margaret Lundberg, an inmate, and fined $50 and costs.

Mrs. Moore was charged with beating the patient with a piece of rubber hose, and offered a plea of self-defense.

In summing up the testimony Justice Magill said that in his opinion the charge was more grievous than an ordinary assault, because the victim was a helpless patient and like a little child mentally.

"The inmates of the institution are wards of the state," said Justice Magill. "They are there thru no fault of their own, and are invalids. As such they are entitled to the protection of the public."

In imposing sentence Judge Magill commended the prompt action taken by the hospital authorities and held that there was no evidence to show that the patient had been struck in self defense.

SPANISH WAR veterans will hold their annual reunion Thursday evening in Roosevelt hall, 1616½ Third ave., under auspices of Fortson-Thygesen camp No. 2.

Former Secretary of the Treasury McAdoo says South America is the best field for capital from the United States.

KAR-RU TRADE MARK
Has no equal for RHEUMATISM and Kindred Disorders. It removes the cause and restores the system to health. 30 DAYS' TREATMENT $2.00 per box. Descriptive book free.
KAR-RU COMPANY, Tacoma, Wash. For sale by Druggists.

Her Spouse Called "Martha" in Sleep

PHILADELPHIA, Pa., April 21.—Hubby talked in his sleep. "Martha—Martha!" he murmured endearingly. Wifey engaged a detective and the trail led to the home of a "grass widow," the Martha of his sleep.

This unusual contretemps were bared at a hearing in Camden of the suit for divorce of Clara McHenry, 26, against Raymond McHenry, 29, a chauffeur.

The London-Paris Air Service carried 612 passengers and 13,601 pounds of freight between September 2 and December 17, 1919.

Decorate Riveter for Beating World

BELFAST, Ireland, April 21.—John Moir of Belfast has been appointed a member of the Order of the British Empire for making the world's record by driving 11,2[illegible] rivets in a standard ship in [illegible] hours on June 5, 1918.

Must Marry or Pay Tax in France

PARIS, France, April 21.—The French government has put a premium upon marriage by imposing a 10 per cent tax upon bachelors and spinsters.

Eat Well and Feel Well

By Taking Vinol

It creates a hearty appetite, aids digestion, creates thousands of new red blood corpuscles, the glow of health replaces pallid cheeks, anaemia disappears and strength and vigor returns.

These Letters Prove It

West Chester, Pa.—"My blood was so poor that I had skin eruptions and was weak, nervous and could not sleep. My mother wanted me to try Vinol. It purified and enriched my blood, gave me a good appetite, my nervousness has gone, and it has built up my whole system. I can surely recommend it to others who need a good blood tonic."—MRS. EDWIN S. GUTHRIE.

Kenton, Del.—"I suffered from a nervous, run-down condition and no appetite. I keep house and live on a farm so had to keep about my work as I have five in the family. My druggist recommended Vinol as the best medicine for my condition. It has given me a good appetite, and I sleep better and feel stronger every way."—MRS. J. HERMAN WILDS.

For all run-down, nervous, anaemic conditions, weak women, overworked men, feeble old people and delicate children, there is no remedy like Vinol.

Your money will be returned if Vinol fails—

Vinol OUR COD LIVER AND IRON TONIC IS THE GREATEST STRENGTH CREATOR KNOWN

OWL DRUG CO. AND DRUGGISTS EVERYWHERE